

# ZEREZ CALENVAK ANNHAL KEPOKT

## REFECTION OF TEAROHA MAN

This year's theme for our annual calendar and narratives is 25FLECTION. With this in mind we chose to use water throughout the entirety of this year's calendar to portray how water is seen as an essential part of the mahi that we do here at Te Aroha Noa. Combining the theme of reflection and water came to fruition through conversations around what it meant to be reflective. Water is used as a metaphor throughout the annual calendar with the aspiration that we look at the work we do within our community. We have each created a piece of writing that truly depicts our interpretations of this year's theme.

Water is a taonga of huge importance in many cultures. Water can be linked to identity, used for transport and gathering food. Water is believed to be the essence of all life as believed by Māori and a life-giving element. Like water, Te Aroha Noa also flows through community providing resources that can create essence for change and support within whānau lives. We believe that every whānau is valued and much like how water is seen as a taonga, our people too are taonga.

"EHARA TAKU TOA I TE TOA TAKITAHI, ENGARI HE TOA TAKITINI MY STRENGTH IS NOT THAT OF AN INDIVIDUAL, BUT THAT OF THE COLLECTIVE" — Māori whakatauki



## CEO'S KEPOKI 2021

itiro whakamuri Okiri whakamua

OOK BACK AND REFLECT O YOU CAN MOVE FORWAR

YGA MIHĪ NUI KI A KOUTOU,



With 2021 moving quickly towards Christmas we at Te Aroha Noa, much like the majority of fellow New Zealanders, have realised that we did not leave the unpredictability of COVID-19 in 2020 behind. We are still learning about a new way of living with COVID-19 and the pressures and uncertainty that each new variant brings to us. The 2021 theme for Te Aroha Noa has been "Reflection"; where we come from, where we are and where we want to go. So we find ourselves reflecting on another year that didn't really fit into the 'new normal' as we hoped it would. The settling of the world and a gradual move back into a sense of control and new growth hasn't occurred, however on our reflection Te Aroha Noa's ability to support, walk alongside and connect whānau has continued to shine. Throughout Te Aroha Noa, from our Early Childhood Centre through to our Counsellors and Therapists, the connection to community and the services that we provide have been uncompromised in these most difficult times.

Programme development and our commitment to responding to community has continued to be innovative and whānau focused as we navigate through COVID-19 alongside community. I want to thank our stakeholders and supporters who have continued to champion the work we do. To Hadleigh Reid from Highbury Dental and The Health Hub team we also say thank you for coming alongside us, stepping into our community and being there for whānau.

2021 has seen a number of staff move forward into new adventures. Our Deputy CEO, Theresa Chick, has left Te Aroha Noa after 13 years of service to go home to the East Coast and offer her skills and wisdom back to her turangawaiwai. Kelly Larsen, our ECC Head Teacher, has stood down from her position and moved into supporting Te Aroha Noa from a financial/administrative and Parent/Adult Educator position, and Margaret Jackson who retired from the board earlier this year. Margaret's long years of support and commitment to Te Aroha Noa and community have been a true gift of service and aroha. This movement has allowed others to step into Te Aroha Noa and to begin their journey within our community. I welcome Hinemoa Hall who has been recruited into a new position as Leader of Education, Lisa Oldfield has stepped into the Lead Teacher position in our ECC and Graham Black has stepped into a Practice Leader position to support the Social Work Whānau

team.

I want to thank Whaea Meterina Savage and Louis Te Mete for their kindness and support as Te Aroha Noa has focused on our cultural journey and commitment to Te Tiriti o te Waitangi. To the Te Aroha Noa Board of Trustees I say thank you on behalf of all whānau in Te Aroha Noa. Your wisdom, guidance, strong belief and support of our kaupapa have been invaluable. To our wonderful volunteers, without your support we could never be or do what we do, therefore aroha nui to you. Finally I want to thank our whānau and community, without your support, insight and courage Te Aroha Noa would not be the place it is today as we move forward into 2022 with love and kindness.



## CHAIKPEKSONS KEPOKI 2021



Te moemoea ko Te Aroha Noa: Kia ekengia te pae-o-angitū, he oranga-tonu-tanga i roto i a lo matua. At Te Aroha Noa, the vision that drives us all is:

2021 sees Te Aroha Noa continuing the divine work: to transform lives and to bring fullness of life to our communities, our people, "LIVING FULL, GOD-INSPIRED LIVES... TOGETHER". This is the gospel for us, the good news.

Tū Hāpainga is a men's group running from Te Aroha Noa that is now just over a year old. It is a bunch of fellas that meet regularly to be together, to talk. These are wounded men who come, sharing their stories of the wounds inflicted on them, on wounds they have inflicted on others. Some of the men in our community know only the narrative of the man of anger, the man who inflicts pain on others. As they share deeply, these men are heard. And being heard, truly heard, is a profound gift. Their stories are heard, their wounds are seen, and in this process they come to know healing and transformation. There are celebrations: of men gaining employment, of being drug free, of having children back in full time care, of rebuilding partner relationships. And beyond that, as others see this display of vulnerability, they develop the courage to share their own stories and their own wounds, finding healing and transformation. Thanks Chris, Randy and others involved in this transformative work. This is gospel at work.

The Minister for Children, Hon. Kelvin Davis visited Te Aroha Noa in May. He heard stories. He heard of young whānau being nurtured at Te Aroha Noa, from places of hurt and woundedness into places of healing and transformation. Transformed from separation and removal of their tamariki, to restoration of those tamariki, nurturing of the whole whānau, and birth of new pēpē into that healthy thriving place. Te Aroha Noa has been pivotal in the journey of these young people having their lives transformed from having no hope to having massive dreams for the future and navigating intentionally toward those futures. These are gospel stories. The pandemic has worked on all of us to create separation. Te Aroha Noa has worked to connect, to restore connection. I'm incredibly grateful for Donna MacNicol, our CEO who labours tirelessly to connect us, to help realise our dreams. I am thankful for Theresa Chick, our Deputy CEO, who has resigned to take up new challenges a few months ago. And I am inspired by Margaret Jackson, a long standing servant of Te Aroha Noa, a Public Health nurse working in our community for decades and who has served on the Trust Board for 14 years (and stepped down in April) – what a model of hanging in there with people for the long haul. These are gospel workers.

I want to offer thanks also to my supporters and co-conspirators on the Trust Board of Te Aroha Noa – Grant Baldwin, Kenneth Bidlake, Angela Drake, Heather McClean, Dan Torea, also Garry Aiken, Metarina Savage and Steve Fail.

Finally, an invitation. Te Aroha Noa is working hard to join with people as they realise their dreams of living full, God-inspired lives... together. There is plenty to be done. Have a chat to one of us about how you might fit in. The gospel is being worked out here. Come and be involved.

Nigel Orr Chairperson



12-28 BRENTWOOD AVENUE, PO BOX 7141, PALMERSTON NORTH PHONE (06) 358 2255 FAX (06) 358 2258 EMAIL RECEPTION@TEAROHANOA.ORG.NZ

In April 2021 our Community Engagement Coordinator, Ashleigh Couper, left on maternity leave, with her role being back-filled by Chris Pohe until her return. So of course this year was going to look a little different for us, but still at its core is the inclusion of understanding the needs of the community through whānau.

In August 2021 we were yet again in lockdown. If the Community Engagement team learnt anything from the lockdown restrictions of 2020, it would be that a 'creative and adaptive' community approach is imperative, alongside a safe plan of action (ako mahi).

On Father's Day, myself and Nicole Tuhiwai from He Ngākau Rangatahi made hangi packs for the Tū Hāpainga men's group, He Ngākau Rangatahi, He Ngākau Mātua young fathers and tāne from the community. Some of our fathers were spending their first Father's Day in lockdown and we were acknowledging them and their whānau on this very special occasion.

Nearly 20 hangi packs were cooked and delivered for their Father's Day lunch. What we observed when the tane recieved their individual hangi packs was priceless. These are unforgetable moments ... from facial reactions/expression, private messages and videos, social media posts, and the many photos that we received ... all feedback of gratitude. This is the creative and adaptive community approach that the Community Engagement team have been able to undertake throughout this COVID19 environment.

#### NEW KIWI CLUB:

Hinemoa, our HIPPY Coordinator, has created an awesome space and brings to the New Kiwi Club a special dynamic to keep this initiative going during Ashleigh's absence. The large group of tamariki who attend are always excited to participate with this programme, alongside the youth mentors from Palmerston North Girls High School to tautoko Hinemoa.

#### AQUA DAY:

The first community event of 2021! Aqua Day provided a fun free community event and water play where whanau enjoyed the big bouncy water slide, other smaller water slides, under 3's water play area, cricket, music and a free sausage sizzle. It was great to have the support of TANCS staff who volunteered their time, which meant our team were able to actively engage with whānau and their tamariki. The turnout was amazing, with many parents and older siblings joining in with the fun.







ENGAGEMENT



| SUN | MON                               | THE | WEN | THM | FKI | SAT                      |
|-----|-----------------------------------|-----|-----|-----|-----|--------------------------|
|     |                                   |     |     |     |     | New year's day <b>01</b> |
| 02  | 03                                | 04  | 05  | 06  | 07  | 08                       |
| 09  | 10                                | 11  | 12  | 13  | 14  | 15                       |
| 16  | 17                                | 18  | 19  | 20  | 21  | 22                       |
| 23  | Wellington 24<br>Anniversary      | 25  | 26  | 27  | 28  | 29                       |
| 30  | Auckland <b>31</b><br>Anniversary |     |     |     |     |                          |

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### HE NGAKAN MATHA REFLECTIONS - I'M STARTING WITH THAT GIRL IN THE MIRROR

This year He Ngākau Mātua made a big move from 28 Brentwood Avenue to the main building! What a beautiful transition it has been, being supported to bring our vision to life by creating a safe, calm, comfortable and pretty space for our young parents. We placed a new logo on the wall which included a manu (bird) to symbolise our mission for our parents, being that they need not fear the branch breaking as they have faith in the strength of their own wings. This is also a reflection of who Brydie and Pou are as social workers; we are big on strength-based and mana-enhancing practice. We continually reflect back to our mama about all the beautiful things we see in them. They are amazing, big hearted, resilient, strong, intelligent, funny, beautiful and loving mothers.

Being in the main building has also meant that we have built closer relationships with the kaimahi and together we have joined forces to scaffold extra supports around our young parents. We introduce them to our neighbour, Hinemoa from HIPPY, so the tamariki can be extra smart and ready for school! We also send them over to our social workers, Pania and Keri, for some self-care in Mama Ataahua. For our tane, Chris Pohe has begun valuable mahi with our young fathers. We are no longer separated by buildings, our young parents have turangawaewae here - they are cared for by the whole village of Te Aroha Noa.

Looking back on how far we have come and the growth of our parents it has given He Ngākau Mātua motivation to advance further in therapeutic mahi. As it's NOT WHO YOU ARE THAT HOLDS YOU BACK, It's WHO YOU THINK YOU'RE NOT. WE WILL KEEP HOLDING THAT MIRROR UP, UNTIL SHE SEE'S WHAT WE SEE, AND SHE WILL BE UNSTOPPABLE!

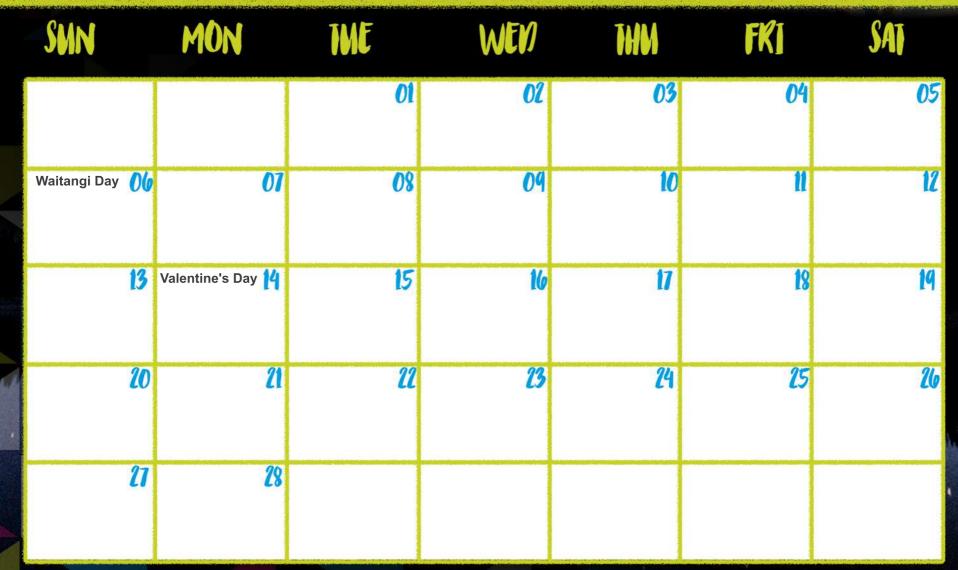
> POU VALU AND BRYDIE WILLIAMS HNM YOUNG PARENTS SOCIAL WORKERS





# FEBRUARY CON





#### HE NGAKAUA RANGATAHI

Over the past year we have embarked on a journey to rediscover ourselves and build stronger versions of who we are.

Manaakitanga - connecting with the rangatahi in a one-on-one space, to discuss future goals and to help build their 'inner mana.'

Equipping the rangatahi with the right tools to navigate life and obtain a positive mind set enables them to grow as individuals, which in turn leads to being a good and positive citizen at home and within their community.

Connecting with the wider community has been a key focus for our staff. Knowing that keeping our rangatahi active contributes to their physical wellbeing, Sport Manawatu has provided activities to broaden the skillset of the rangatahi in various sporting events.

WHAKAKAWHANAUNGATANGA - A new incentive and opportunity in He Ngākau Rangatahi for the rangatahi has been to step up and step out ... in the kitchen. This idea was inspired following the success of Te Aroha Noa hosting Bethlehem Tertiary Institute students earlier in the year, where the rangatahi demonstrated outstanding catering assistance for 40+ people. We look forward to the many more opportunities ahead

**AKO** - Education is continually encouraged and we are currently gaining support through Te Kura and YMCA. We aim to continue working closely with the rangatahi developing them to gain the confidence to believe in themselves. Building positive relationships encourages them to give education a good go.

The team have connected with the wider TANCS team through many events, like ECC whānau attending a shared lunch prepared by the rangatahi. We have also seen massive growth in participation levels at weekly waiata practice and offering to say karakia ... proud moments for Randy, Nicole and Situe.

#### ORANGA - We wish to give our thanks to the following:

Highbury Whānau Centre, for taking on the challenge to play volleyball with us.

Land-based Training, for taking up the challenge to play 3v3 basketball at Milverton Park. In 2022 we aim to challenge other course providers in sporting and team-building events.

Youthline, for providing the mates and dates programme to support the rangatahi to navigate healthy relationships.

A massive shout out to Taitiana Haenga, a current outreach student who is thriving at the YMCA. She will soon complete her level 1 and start her level 2 credits in term four, and is currently on a placement at the ECC to develop her skills and fulfil her passion in wanting to become an ECC teacher.

To the Board of Trustees and the management team at TANCS, we would not be able do what we do on a daily basis without your prayers, encouragement and support.

Randy, Edan and the girls, for your constant support throughout the year.

Nicole Tuhiwai, Chris Pohe and their tamariki, for supporting our events.

We can only function in a professional manner with a team that goes above and beyond to sustain and maintain a programme that is relevant, contemporary and actively looking at ways to support the rangatahi and their whānau, to set realistic goals for a better future.

2022 is going to be a further step in the right direction. "THE BEST IS YET TO COME





## HE NGAKAMA KANGATAHI







# - HIPPY

## HOME INTERACTION PROGRAMME FOR PARENTS

With the theme of the year being reflection, it brings us to a place where we sit and think about the year that has been for HIPPY. Just before our 2020 graduation, there was a shift in staff as we had to farewell one Coordinator and welcome another at the beginning of 2021.

Alongside myself, HIPPY welcomed a new Tutor, Taufa Ikahihifo, who has been part of HIPPY for many years now, going back almost 17 years. As the new Coordinator and stepping into a space that was very new to me, I wanted to be able to cater to the community as best as possible.

Over the past 10 months, the tutors have engaged in an abundance of opportunities that have empowered them, supported them with developing their confidence and are now working towards finding what their magic is. Both Sarah and Taufa have made incredible steps towards their personal and professional journey and I have been able to awhi and tautoko them as they blossom.

Our whānau who have been enrolled in the HIPPY programme had not had the opportunity to engage in HIPPY Hui for multiple reasons and upon beginning my HIPPY journey, I began to reintroduce group meetings. With pure dedication, commitment and motivation from both the tutors and I, we were able to engage our whānau back into HIPPY Hui. Introducing these groups was a little overwhelming to begin with, but have now brought about an immense amount of joy to the whānau, extended whānau and their tamariki.

"I HAVE REALLY ENJOYED BEING ABLE TO COME TO HIPPY HUI, YOU HAVE REALLY MADE THIS FUN TO BE PART OF... IT'S ALSO NICE TO HAVE NANNY FOU HERE TOO. SHE MAKES IT FUNNY" - KIM OWENS COMMENTING ON HIPPY HUI

#### "WE LOVE OUR HIPPY TUTOR, SARAH" - SAM MEERS

"TAUFA IS REALLY EASY TO GET ALONG WITH. SHE MAKES HIPPY DELIVERIES SO MUCH EASIER FOR ME AND ISAAC" - FIONA ARMSTRONG

#### HINEMDA HALL HIPPY CODZDINATOR

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earning to learn to







# FAMILY WHANAH

What a year 2021 has been with the pandemic COVID 19 hitting us again and sending the country into a spin with another lockdown. As Social Workers we had to be creative about how to stay engaged with whanau. Zoom hui was the new catch phrase. We devised ways of running group sessions to target more whānau. Our own little team grew with the births of Anne-Marie's little Princess Ruby and Kento's tama Isomi they are taonga and we love having them visit us at mahi.
In July we were blessed with two third year Massey Social Work students, Nikayla and Tai who have been amazing to have on board. They both came with energy and passion and an attitude of "what's next". They were given the licence to be creative and show us their talents.

Tai fitted well in Te Mahuri Mentoring Academy with all his energy and sporting abilities and Nikayla came ready to take the bull by the horns and give everything a go, such as Kidzlife holiday programme as a mentor, facilitating team hui and being a valued member of the wider team here at Te Aroha Noa Community Services. We completed another Māmā Ataahua women's self-esteem/confidence building course with mothers leaving empowered and energised, they made new friends and were excited to be turning over a new leaf in their journey. Mum's were going from the course energised to pursue courses they have been putting off for years. One Mum said "I HAVE ENJOYED THIS COURSE SO MUCH I'M GONNA MAKE MY FRIENDS PO IT".





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|          | Mother's Day 08 | 09  | 10  | 11  | 12  | 13   | 14  |        |
|          | 15              | 16  | 17  | 18  | 19  | 20   | 21  |        |
| the last | 22              | 23  | 24  | 25  | 26  | 27   | 28  | ankin. |
|          | 29              | 30  | 31  |     |     |      |     |        |

#### REFLECTING ON THIS YEAR. THIS WHAKATAUKI COMES TO MIND "KI TE KOTAHI TE KAKAHO, KA WHATI: KI TE KAPUIA, E KORE E WHATI" WHEN A REED STANDS ALONE IT IS VULNERABLE, BUT A GROUP OF REEDS TOGE

## COMISERING

Our team has been privileged to stand with many wonderful whānau, adults, children and young people this year, as they seek to grow deeper roots, stronger stems and to flower more fully in themselves. The year has been a challenging one for whānau, with Covid-19 creating many disturbances and disruptions to routines, schooling, finances, relationships and more. We have loved seeing the ways whānau have drawn on their strengths, creativity and resilience to adjust during these times.

From 4 to 74 years old, we have loved engaging with these whanau across all ages and stages of life, through the range of counselling services available at Te Aroha Noa -Play Therapy, Art Therapy, group and individual work, or together as a family.

Like the reeds, we stand side by side, bringing both worlds of knowledge together, to serve a common purpose. We weave together the strengths, knowledge, skills and feelings of whānau with the experience and knowledge of the counselling team and the wider resources of Te Aroha Noa. In this way, we grow and strengthen each other and add to the thriving of the community as a whole.

A story from one of our whānau:

This year we met a young girl (6) and Mum. She had been struggling and Mum reached out to Te Aroha Noa for Play Therapy support for her daughter. Mum also engaged in individual counselling to work through her emotions, and together with her partner also engaged with the Whānau Development team to strengthen their parenting approaches in order to become more responsive to the needs of their children.

Over the course of the Play Therapy the child's progress included the child having a more positive view of herself, being able to share her love as well as her fears with her parents, a decrease in aggressive incidents in terms of intensity, frequency and duration, and strengthened connection / attachment to Mum. The parents also reported they had connected to other whānau supports and felt much more connected, supported and empowered to provide for the needs of their children.

This multidisciplinary wraparound approach has been the 'standing together' with this family and their tamariki to help them grow. Working this way in a relatively short space of time has created transformational change. In a recent review with the family, it was clear that these parents have grown significantly. They have worked through their own trauma, they understand the developmental needs of their children, they have the courage to ask for help and have learned ways of supporting and loving their children to their full potential. They recognise that there is still much more growth to come but they can see how different they are as a whanau now.

#### "KI TE KOTAHI TE KĀKAHO, KA WHATI: KI TE KĀPUIA, E KORE E WHATI" WHEN A REED STANDS ALONE IT IS VULNERABLE, BUT A GROUP OF REEDS TOGETHER IS UNBREAKABLE





| SMN | MON                            | THE | WEV | THM | FKI                | SAT |
|-----|--------------------------------|-----|-----|-----|--------------------|-----|
|     |                                |     | 01  | 02  | 03                 | 04  |
| 05  | Queen's <b>Dío</b><br>Birthday | 07  | 08  | 09  | 10                 | 11  |
| 12  | 13                             | 14  | 15  | 16  | 17                 | 18  |
| 21  | 20                             | 21  | 22  | 23  | Matariki <b>24</b> | 25  |
| 28  | 21                             | 28  | 29  | 30  |                    |     |

#### WHAKATAUKI

"EHARA RAKU TOA I TE TOA TAKITAHI ENGARI HE TOA TAKITINI" "I COME NOT WITH MY OWN STRENGTHS BUT BRING WITH ME THE GIFTS, TALENTS AND STRENGTHS OF MY FAMILY, TRIBE AND ANCESTORS" "NAKA TE ROUROU NAU TE ROUROU KA ORA AI E IWI" "WITH YOUR BASKET AND MY BASKET THE PEOPLE WILL THRIVE"

#### KIA ORA E TE WHANAU

Well with 2020 behind us, 2021 has been an exciting year of new beginnings. We have had new staff join us in both centre's, and we now have an amazing teaching team who are passionate about building strong, reciprocal relationships with our tamariki, whānau, outside agencies and the wider Te Aroha Noa Community Services. The team has so many ideas and concepts that they would like to integrate into the centre in the future so watch this space.

Covid-19 added a few challenges to 2020, so this year we wanted to celebrate Matariki with our tamariki and whānau. So during our lead up to our Matariki celebration the tamariki were able to

experience and participant in gardening, karakia, weaving, painting flower pots and planting seeds, and creative activities to extend their knowledge regarding our Atua. We were lucky to have support from the wider Te Aroha Noa Community Services staff which was wonderful. Hine (Hippy) support us to learn a new waiata and Chris (He Ngākau Rangatahi) cooked our hangi, with support from Hohepa. Also our amazing Parent Educators who came in an helped with our food preparation for our hangi. The day finally arrived and what an amazing celebration we had. Whānau and staff members from Te Aroha Noa Community Services join us to watch the tamariki celebrate with waiata, karakia and then a yummy hangi. It was wonderful to see so many whānau members joins us.

Looking forward to 2022 the Early Childhood Centre will continue to build partnerships with our whānau to ensure parent involvement and the best outcomes for our tamariki. The teaching team are dedicated to building positive relationships, inclusion and trust by always having our door open to our warm, friendly and welcoming environment where everyone is valued for who they are.

EAKLY CHILMHOON

# JNY



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The Engine Room has been used as metaphor for the kaimahi in our organisation that do all the behind-the-scenes mahi. From supporting the teams and services we have, sustaining and maintaining the relationships with stakeholders and funders, providing a healthy and safe environment, and ensuring that we keep our waka afloat. On the theme of reflection, with a few staff leaving and a few more joining our whānau here at TANCS, we have delved deep into what it is we would really aspire Te Aroha Noa to be. Here's a few thoughts shared from some of our whānau in the "engine room";

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"THE MAHI OF VOLUNTEERS CAN CHANNEL SPECIALIST SKILLS TO KEEP US SAFE/MEET A NEED OR PROVIDE A FLOOD OF EFFORT TO MEET A SHORT OR LONG TERM NEED TO NOURISH THE TANCS WHANAU OR ITS WHARE. ASKING FOR HELP CAN ENGAGE MORE PEOPLE WHO WANT TO BELONG TO AN ORGANISATION WHICH INVIGORATES AND AGITATES A COMMUNITY TO HELP ITSELF. VOLUNTEERS FROM CENTRAL BAPTIST ARE A KEY PART OF OUR EARLY WHAKAPAPA AND IT WOULD BE GOOD TO GROW THEM AS A SOURCE OF MAHI AND WAIRUA AGAIN AND SO NOT TIRE THE HANDS, LEGS OF MINDS OF A FEW" -KENNETH BIDLAKE (VOLUNTEER AND MEMBER OF BOARD OF TRUSTEES)

"NO JOB IS TOO HARD FOR TE AROHA NOA" - BILL FEASEY (KAITIAKI OF THE GROUNDS)





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# HEKE-TUKI-KŌKĀ

|   | SUN | MON | THE | WEV | THM | FKI | SAT |
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| 1 | 21  | 22  | 23  | 24  | 25  | 26  | 27  |
|   | 28  | 24  | 30  | 31  |     |     |     |



has experienced incredible growth in the last 12 months. Our significant milestones were:

We chose our official name and designed a logo. Launched a second group of 5 tama,

Two social work students completed their three-month placement with us.

Hosted an All Black who grew up in Highbury come talk to and spend time with the tama.

Had our first tama and whanau graduate after being in TMMA for 2 years.



ГЕ МАНИ

MENTORING ACADEMY

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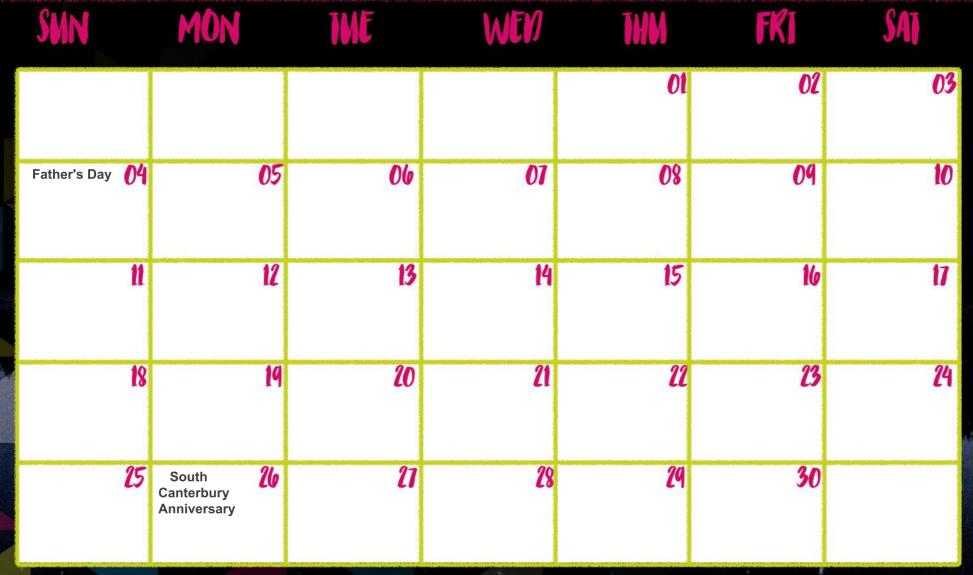
"AT THE FIRST OF YEAR I WAS A THUG, NOW I'M AN ELITE KID...NOW I'M STAYING HOME (INSTEAD OF ROAMING THE STREETS), AND NOT GETTING BROUGHT HOME BY THE POLICE" - A TAMA IN TMMA

Overall, all of the tama have improved in their overall hauora and life outcomes. All tama show moderate to significant progress in their whanau engagement, academic milestones, sporting engagement and achievements, physical fitness and mental resilience. We continue to receive positive feedback from schools, health professi onals and whanau involved. As the involved whanau became more involved with the tama's life (academics, sports and personal interests), the more their relationship grew which resulted in the tama showing more positive behaviour.

Looking ahead over the next 12 months, we would like to volunteer in the community, do an overnight adventure camp, facilitate more relationship-building session with the tama and their whanau, engage with the police and fire services, accompany the tama in careers open days and adopt a therapy dog to become part of TMMA.



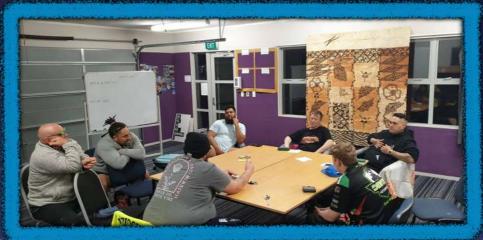
# SEPTEMBER



Emirates

THAPAINGA

This year tāne have enjoyed multiple activities, such as a trip to the beach, learning how to fish, prepare and cook their catch over an open fire. For some of our tāne it was a new experience and for others they spoke of their dad or another family member taking them fishing when they were young. The group reflection from this activity was that reminded them of a good and positive time in their life, it was therapeutic, and it allowed them to slow down. This activity and camp fire allowed for organic korero and whakawhānaungatanga, a reconnection and an understanding of a sustainable environment through self-manageable fishing practices that will allow future generations (their whānau) the same experiences.













# OCIOBER

## WHIKINGA-A-NUKU

| SUN | MON                            | THE | WEY! | THM | FRI                                 | SAT             |
|-----|--------------------------------|-----|------|-----|-------------------------------------|-----------------|
|     |                                |     |      |     |                                     | 01              |
| 02  | 03                             | 04  | 05   | 06  | 07                                  | 08              |
| 09  | 10                             | 11  | 12   | 13  | 14                                  | 15              |
| 16  | 17                             | 18  | 19   | 20  | Hawke's Bay <u>/</u><br>Anniversary | 22              |
| 23  | Labour Day 🛛 🔏                 | 25  | 26   | 27  | 28                                  | 29              |
| 30  | Marlborough<br>Anniversary Day |     |      |     |                                     | WWW.TEAROHANOA. |





KIDZLIFE is thriving in its 8th year and when the programme was developed back then we wanted to ensure that our activities were engaging and fun – hence the name kidzLIFE (kidz Learning In a Fun Environment).

Team Leaders are reminded to develop a programme that lives up to the kidzLIFE kaupapa. This year we have made use of our cool local parks e.g. Memorial Park, Takaro Park, The Esplanade and Ahimate Park. Randy (Team Leader), a keen outdoors explorer, planned for his group to venture down to He Ara Kotahi and the river pathways where tamariki took their wheels to check out the sights.

We have also ventured a little further into Ashhurst to enjoy Splashhurst Pool and the Ashhurst Domain. This adventure has proved to be a favorite for our younger children who swim in a not so crowded space and in a pool that is much easier to manage due to its cozier size.

The older children experienced a very privileged personal tour through the FMG building with, staff member Keaghan Seymour. The tamariki learnt how rural life and insurance connect and they were able to see staff in action at their desks. Thanks Keaghan for the delicious hot chocolate and goodies too.

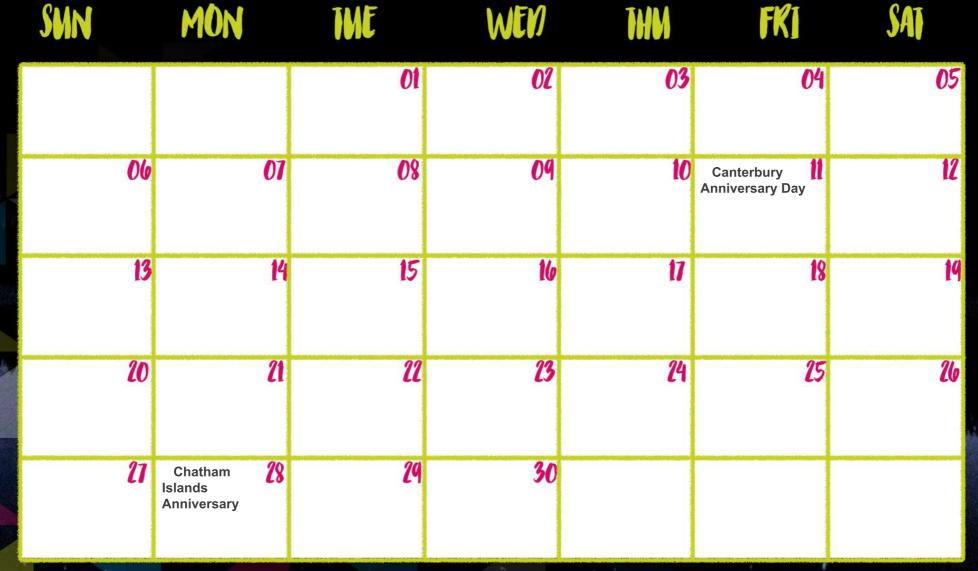
A special mention to our staff member Pania Taylor who has committed herself every holiday programme for the past 8 years. She has ensured that all the parents have signed their tamariki in to each session and then out again at the end of the day...no easy task at drop off and pick up times. She has also made sure all the carseats have been accounted for, up to 50 permission slips completed, answered all the tricky questions and then completing forms away ready for audit. We want to thank all the Team Leaders and also our volunteers for contributing the success of our holiday programme.

Ngā mihi mahana



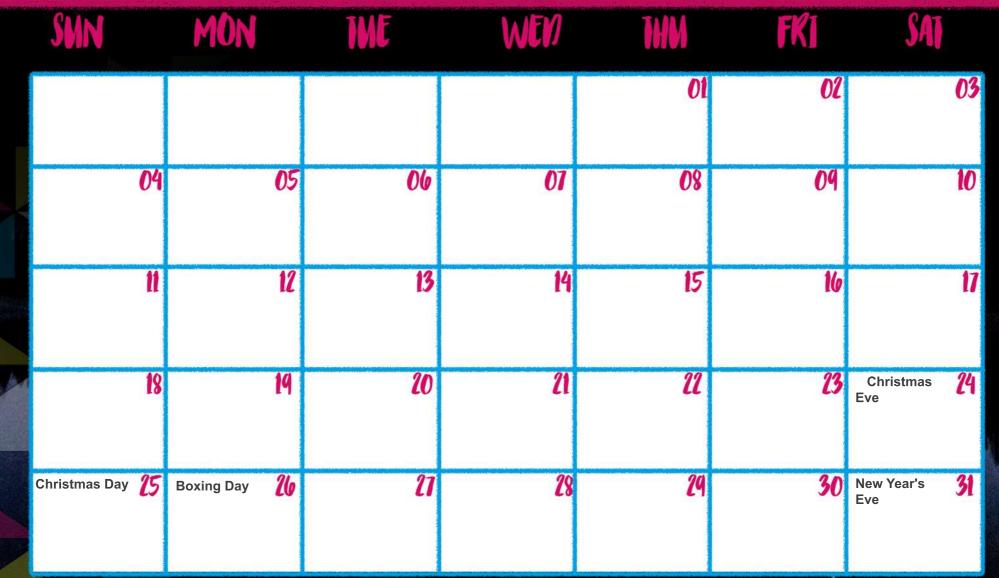












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12-28 BRENTWOOD AVENUE, PO BOX 7141, PALMERSTON NORTH PHONE (06) 358 2255 FAX (06) 358 2258 EMAIL RECEPTION@TEAROHANOA.ORG.NZ